

YSNM COLLEGE

**A CONSTITUENT UNIT OF NILAMBER – PITAMBAR
UNIVERSITY, MEDININAGAR, PALAMU**

Accredited By NAAC With Grade 'B'



GLIMPSES OF BEST PRACTICES

2017 - 2022

BEST PRACTICES 2017-2018.

- 1. Empowering Rural Women-** Empowering rural women through student support Initiatives Providing opportunity to rural women students to continue their Education. Preventing dropouts, Increasing admissions Ensuring maximum Enrolments for intake. Rural women often do not get an equal opportunity to Gain access to higher education due to unavailability of higher education Institutions in their areas. This lacuna creates a challenge to fulfil their Dreams. The college aims to help them in overcoming this challenge by offering them hand holding facility. Now a large number students from remote areas of the District belonging to economically underprivileged sections of society seek Admissions in the college. A majority of them are first generation learners and Students from vernacular medium of instruction. The opportunity to pursue Education in the district headquarter fills them with high expectations from The college. Through participation in curricular and co curricular activities They develop a competitive edge. However the textual theoretical knowledge also Requires building of global competencies and market oriented knowledge.

PHOTOGRAPHS OF INDUCTION PROGRAMME





Second best practice is **Compulsory extension activity** NSS, Youth Red Cross Society and Extension activities are made mandatory for the students to promote Community linkage, Social Responsibility, Interaction with the people and Improve the problem analyzing and solving Skills.



BEST PRACTICES 2018 – 2019

To help transform students into fully functional and productive individuals

Who commiserate with their living and non-living surroundings.

- To create **Engaging and inclusive learning environments** for the students. Fostering a

Community of Scholarly teachers focused on academic success and capacity

Building.

- **Adoption of the village-** rural women support system.





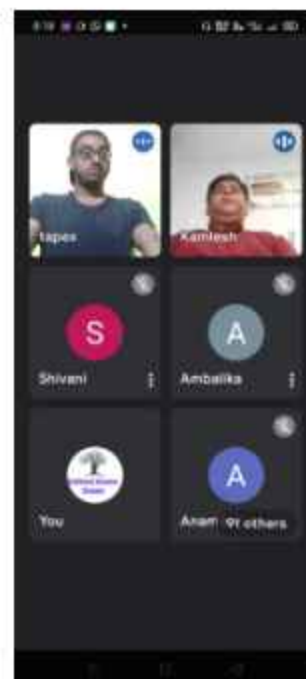
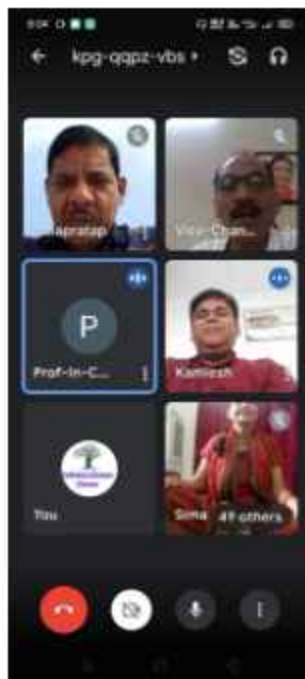
BEST PRACTICES 2019 – 2020

1. The College follows an outcome base education by developing course plan With objectives and outcomes. The students are evaluated through test.



2 .Yoga: Yoga is an ancient practice,which is rooted in Indian Philosophy. Although It is a spiritual practice but in recent times it is popular for promoting Physical and mental well-being.Y.S.N.M.College emphasized on yoga and its Subsequent part Meditation. College organizes frequent yoga classes for its Students and staffs member as yoga help improve general wellness by relieving Stress, supporting good health habits, and improving mental/emotional health,

Sleep, and balance.



BEST PRACTICES 2020 – 2021

Best Practices I

1. Title of the Practice

Growing and Nurturing the Ability of student

A. Objectives of the Practice

Nurturing the potential of students, enabling them, empowering
Them to carve their unique paths.

The Context : Situation after Covid

The Practice:

All the Departments of the College have designed various
Syllabus and skill development courses to bridge the gap between
The curriculum and requirements of industry and corporate sectors.
This provides extra knowledge to the students.

The Principal to grant the permission, notices of the programmes,
Attendance records of the participants, reports of the events.

Problems Encountered and Resources Required

Restructuring of formats to keep pace with innovations and
Creativity.



Best Practice 2

Title : Preserving Tribal Heritage of Palamu

Objective of the Practice: to impart strength to socio- fabric Culture of Jharkhand.

The Context: Against the backdrop of the fading influence and Falling usage of traditional culture and tradition.

The Practice:

College took the initiative to inculcate the traditional values in Students by promoting ethnic tradition of Tribal dance and way of Life.

Evidence of Success

College successfully deliver it as students and volunteers shows Its participation in Tribal Culture and Preserving greenery. Problem encountered and Resource Required Proper encouragement is required.





BEST PRACTICES 2021-2022

1. Title of the practice:

Student Induction Programme

Objectives of the practice:

1. To help new students adjust and feel comfortable in the new Environment after COVID 19.

The context:

To make Student feel familiar and comfortable and to prepare them For the new role.

Evidence of success:

The purpose was to engage the new students as soon as they enter The institute.

Problems encountered and resources required:

It was a challenge for the college to conduct offline SIP After covid but it become possible with the motivation of College faculty.

Seven days Induction Program for Newly admitted student 17th to 24th August 2021

Date	Topic	IQAC	Mentor assigned
17 th Aug	1. Introduction to Communication 2. Gesture and Posture	Dr. M. Jahan	1. Dr.M.Jahan 2. Dr. S.Sonalika
18 th	1. How to use online resource 2. Infilbnet		1. Dr. M. Jahan
19 th	1. Basic Knowledge of Computer 2. To acquainted student with different educational app.	Dr. V. Kr.Pd.	1. Mr. Prem Sankar
20 th	1. Introduction to Sports and Games 2. How to avail Syllabus and Routine	Dr. S. Rani	1. Dr. Shobha Rani 2. Mr. Prem Shankar
21 th	1. Cultural Program 2. Address of the Principal	Dr.M.Jahan	1. Dr. S.Sonalika 2. Mr. Vikash
23 th	1. How to write an Application 2. Facilities available for the student	Dr.S. Rani	1. Dr.M. Jahan 2. Dr.S. Sonalika
24 th	1. Value based Education- Obligation, Duties, and Values etc. 2. Philosophy of Life		1. Dr. R.B. Mehta 2. Dr. Sarita kumari





2.Title of the Practice

Swachh Campus-Green Campus

1. **Objectives of the Practice:** Fastening the traditional Knowledge and practices of local communities and involving Them in the conservation and sustainable use of these Resources.

The Context: Since college is located in Palamu, where people Face water scarcity, plantation of trees leads to increase In rainfall.

The Practice : Green landscaping with trees and plants: The Institution has taken several measures for plantation with The vision Green Campus. Good amount of total area is Covered with trees. Tree plantation on the campus is the Regular activity of the NSS wing

1. Evidence of Success: Photograph
2. Problems Encountered and Resources Required: The college lies In the heart of the city so campus area is very limited.







BEST PRACTICES 2022 - 2023

Best Practices -1

1. Title of the Practice

VOTING AWARENESS PROGRAMME

2. Objectives of the Practice

Since General Assembly Elections are going to be held in 2023, voter awareness program was run in the college throughout this year. Many students had come to the college who had taken new admission and were going to vote for the first time. And there were some students who were totally unaware of voting in the elections. Therefore, the effort was made by the ELC Club of the college to run a voter awareness program among the girl students.

3. The Context

This college has been specially established for the Girls students. Palamu area is a backward area in terms of literacy of girl students. Since the students come from both urban and rural areas, the effort was to inform them about the election programme in a simple medium.

4. The Practice

Many types of programs were conducted to make the girl students aware about voting in the elections. For instance –

- Distribution of Form - 6 for making election identity card
- Election Commission Palamu representatives conducting voter awareness program among girl students
- Running voter awareness programs through various competitions from time to time by the ELC club formed in the college
- Helping students online and offline to make election ID card

5. Evidence of Success

- Maximum number of girl students should participate in the elections
- Newly enrolled students should receive election identity card before the election
-

6. Problems Encountered and Resources Required

- Non-availability of correct documents for making election identity card for female students


2022 - 2023

YSNM COLLEGE, MEDININAGAR, PALAMU

ELECTORAL LITERACY CLUB

The establishment of ELC club in the college was done on 4th November 2022, the main objective of which was to spread maximum awareness for the upcoming General elections in India and to add new voters to the list.

Phone { One
{ Rest


Y. S. N. MAHILA MAHAVIDYALAYA
*This College has been Awarded by National Assessment
and Accreditation Council (NAAC)*
A Constituent Unit of J.P. University I
DALTONGAO-822 101 (Palamu)

Date 05/11

Ref. No. 2022/2023
To,
The D/W
Nilamber Pancher University
Medininagar

Subject - Electoral Literacy Club (ELC) of Y. S. N. College, Medininagar

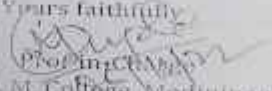
Respected Sir,

As per above noted subject this is to inform you our college has reconstituted the Electoral Literacy Club for awareness regarding election related matters and submitting the soft copy online. Now I am submitting the name of members of the Electoral Literacy Club (ELC).

Members of the Electoral Literacy Club (ELC):

Sr. No.	Name of Professors	Name of Students	Department
1	Asst. Prof. Dr. Jankar Guria (Nodal Officer)	Priyanka Kumari	Pol. Science
2	Asst. Prof. Dr. Mini Tuddu (Co-ordinator)	Pooja Kumari	Home Science
3	Asst. Prof. Mashique Jahan	Archana Kumari	English
4	Asst. Dr. Gangesta Kujur	Bahar Raj	History

This is for your information & needful.
Thanks & Regards

Yours faithfully

Prof. In-Charge
Y. S. N. M. College, Medininagar
Palamu

mbalika Pal,
04.11.22

For this purpose, awareness and work related to elections was done by teachers and students throughout the year.

Many students have completed their graduation, therefore new students are also included in ELC.

Ph. No. : +91 9431555601

Y S N M COLLEGE
This College has been Awarded by National Assessment
and Accreditation Council (NAAC)
(A Constituent unit of N.P. University)
MEDININAGAR-822101 (Palamau)

Ref. No. 2770/A/24 Date :- 27/01/24

To
The DSW
Nilamber-Pitamber University
Medininagar

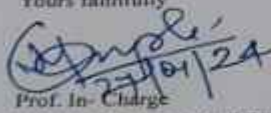
Subject - Reformation of Electoral Literacy Club (ELC) of Y.S.N.M. College, Medininagar

Dear Ma'am,

As noted above, it is to inform you that our college has reconstituted the Electoral Literacy Club to raise awareness about election-related matters and has submitted the soft copy online. In this regard, the college is submitting the names of the members of the Electoral Literacy Club (ELC).

Members of Electoral Literacy Club (ELC)

Sr. No.	Name of Professors	Name of Students	Department
1	Dr. Jenifar Guria, Assistant Professor (Nodal Officer)	Prerna Kumari Sem. - 5	Pol. Sci.
2	Dr. Mini Tudu, Assistant Professor (Coordinator)	Mamta Kumari Sem. - 3	Home Science
3	Dr. Mashreeqe Jahan	Vedika Chandra Sem. - 3	English
4	Dr. Sangeeta Kujur	Isha Dubey Sem. - 3	History
5	Dr. Lalita Bhagat	Anjali Tiwari Sem. - 3	Philosophy
6	Dr. Deepak Kr Pandit	Sneha Sinha Sem. - 3	Maths
7	Ms. Shalini Murmu	Shrishti Shreya Sem. - 5	Zoology
8	Dr. Vikash Kr Saw		Chemistry
9	Mr. P.S. Pathak	Aastha Tiwari BSC	BCA

Thanks & Regards,
Yours faithfully

Prof. In-Charge
Y.S.N.M. College, Medininagar
Prof.-In-Charge
Y.S.N.M. College
Daitongani

PROGRAMMES

Sr. No.	Date	Programme	Institution/Person
1	14/08/2022	Babhandi village visit for awareness of voting behaviour	ELC CLUB of YSNM
2	04/11/2022	Voting Awareness Speech	By College Principal of YSNM
3	25/11/2022	Voting Awareness	Mr. J.K. Mishra (C.O.)
4	25/11/2022	Form - 6 Distribution	Nodal Officer coordinator of YSNM College
5	11/01/2023	Form - 6 Distribution	Nodal officer of the college
6	12/01/2023	Painting competition under	Nodal officer of the college

		Gunjan Programme	
7	25/01/2023	Matdata Divas	Nodal officer of the college
8	21/03/2023	Voting Awareness & van Mahotsav Programme	Nodal officer of the college
9	25/04/2023	Voting Awareness	
10	12/08/2023	Voting Awareness	
11	21/09/2023	Voting Awareness through Game	Zila Nirvachan karyalaya Medininagar, Palamu & ELC
12	17/10/2023	Mental Health for Good Citizenship	
13	30/10/2023	Voting Awareness	ELC
14	04/11/2023	Form – 6	Zila Nirvachan

		Distribution	karyalaya Medininagar, Palamu
15	06/11/2023	Form – 6 Distribution	Zila Nirvachan karyalaya Medininagar, Palamu
16	06/11/2023	Voting Awareness through Game	ELC
17	08/11/2023	Form – 6 Distribution	Zila Nirvachan karyalaya Medininagar, Palamu & ELC
18	29/11/2023	Form – 6 Distribution	Zila Nirvachan karyalaya Medininagar, Palamu
19	30/11/2023	Form – 6 Distribution	Zila Nirvachan karyalaya Medininagar, Palamu & ELC
20	01/12/2023	Voting	C.O. Medininagar

		Awareness	
21	04/12/2023	Form – 6 Distribution	Zila Nirvachan karyalaya Medininagar, Palamu
22	05/12/2023	Form – 6 Distribution	Zila Nirvachan karyalaya Medininagar, Palamu & ELC















































Best Practice of the Institution

Title of the practice : Herbal Garden

The Context that required the initiation of the practice:

Herbal medicine is eco-friendly, bio-friendly, cost-effective and relatively safe and moved to the mainstream with increased research in the field of traditional medicine. Medicinal plants are an integral component of alternative medical care. For small health issues which people face daily like common cold, cough, fever, sore throat, headache, indigestion problems people consume herbal medicine. For maintaining good health herbal products are being used. For skin care and beauty care also plant products have been used since ages. For nearly 3 years COVID-19 has been a rapidly changing and evolving situation. An integrated therapy of modern medicine and ayurveda has benefited Covid-19 patients with faster recovery in mild-moderate Covid-19 according to a study by the Directorate of AYUSH. Medicinal plants will be useful for Maternal and Child health care, as essential drugs, in food and nutrition, for common illnesses and injury, for endemic infectious diseases, mental health and oral health. So based on all the situations the world is currently facing, growing medicinal plants, preparing herbal medicine, knowing their medicinal properties, and curative properties is compulsory. The Department of Botany H.Sc Nss & NCC decided to grow and conserve medicinal plants and bring awareness to the student community, Faculty and also Public.

Objectives of the Practice: -

- Creating awareness on Medicinal uses of plants in students and faculty.
- Making Public aware about the significance of medicinal plants.
- Conservation of Endangered Medicinal Plants.

- increasing the use of medicinal plant products as over usage of drugs causes many side effects and herbal medicine is safer and won't cause any side effects.
- Increasing the herbal medicine usage for Maternal and Child health care, as essential drugs, in food and nutrition, for common illnesses and injury, for endemic infectious diseases, mental health and oral health.
- Preparation of Ayurvedic medicine in small quantities and supplying.

The practice : The practice was planned and initiated from the 2022-2023 academic year . Students collected several easily available Medicinal plants and seeds and planted them in some area of our Botanical garden. In the Botanical garden some area was exclusively reserved for Medicinal plants. The plot was prepared, plowed and some medicinal plants seeds were sown and plantlets were planted . Work was divided among students for watering and maintenance of the herbal garden.

Obstacles

- Conservation and Maintenance of the saplings and seeds is a main challenge along with some financial constraints.
- Palamu is in the rain shadow area, wherever mining takes place there is an adverse impact on the environment. People need to follow environmental religion Due to being a rain shadow area; this rainfall is less, which is a big challenge.
- In summer season we have to face lot of water scarcity.

Impact of the Practice : Impact yet to see as the herbal garden is in its initial stages and we expect the herbal garden products will be consumed well by faculty and students in the college and hopefully public . We hope Students, faculty and Public will start to consume herbal medicine for simple ailments and improve their general health and resistance in a safer way and know the significance and need of conserving these plants in their houses.

Evidence of the Practice

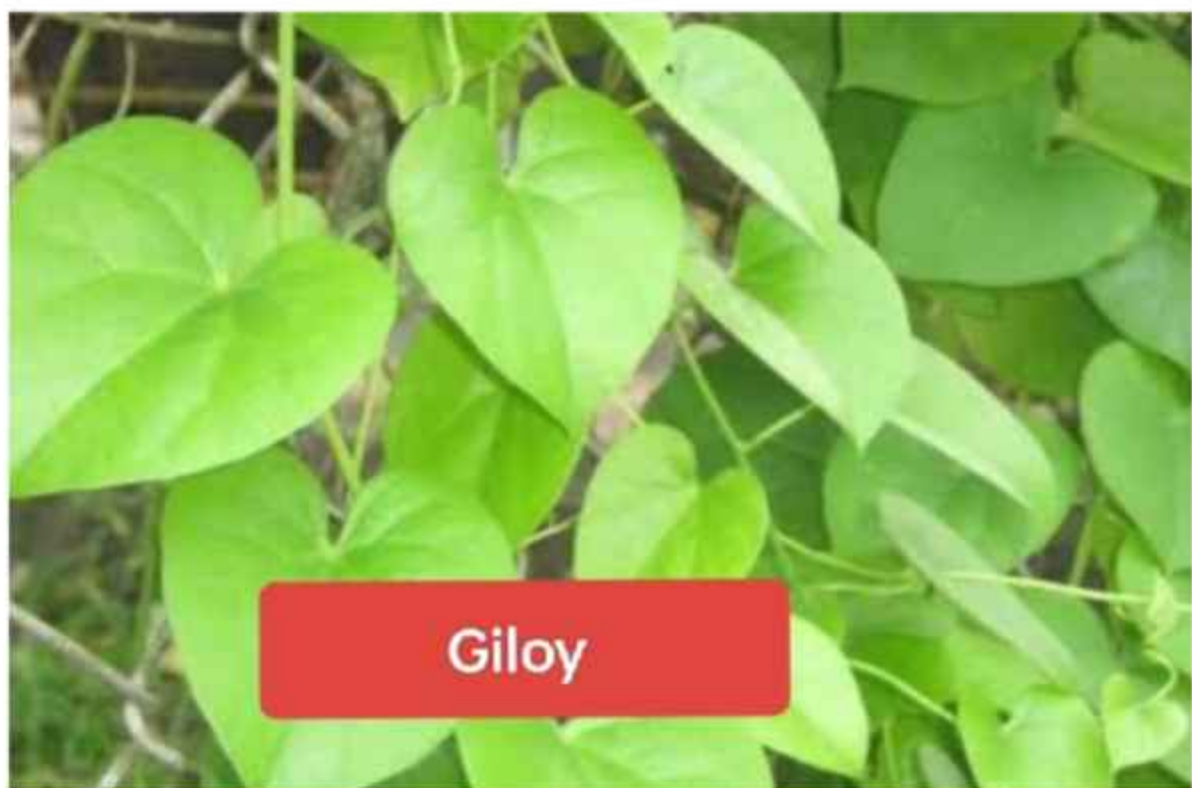




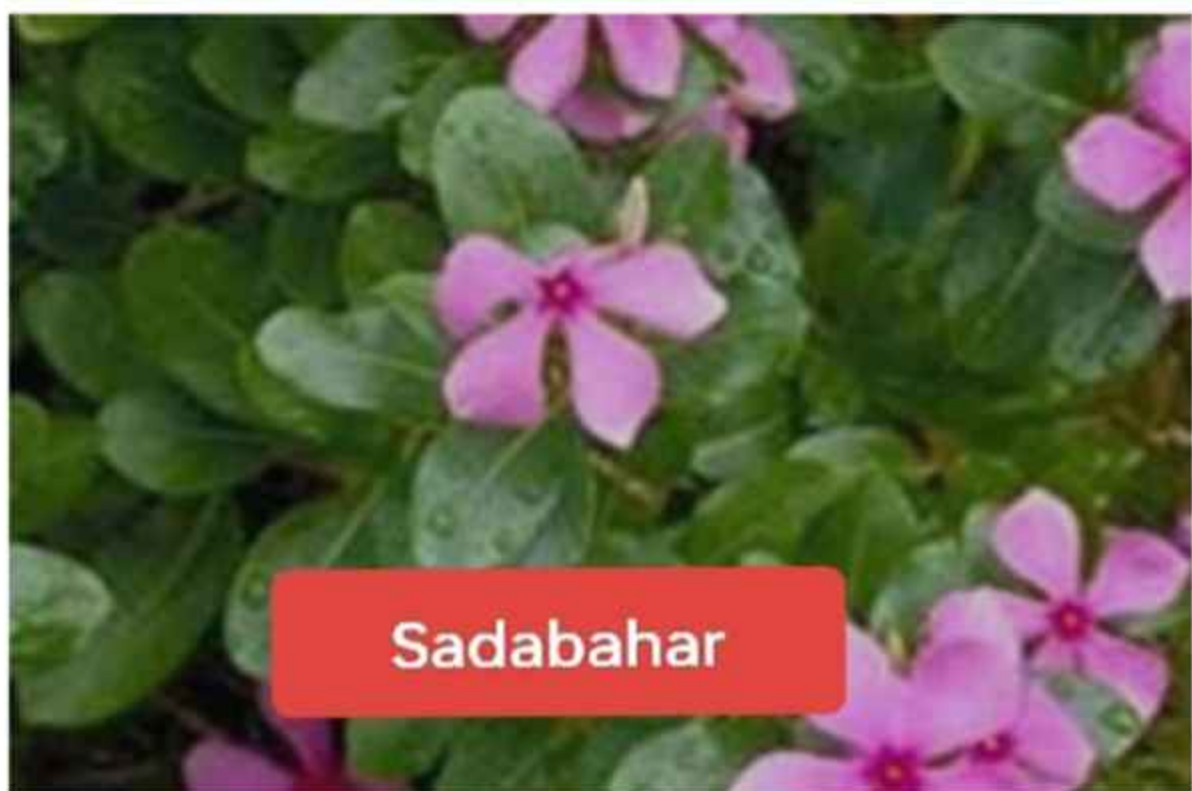








Giloy



Sadabahar



Herbal plants are gifted
by teachers



Apart from the college, medicinal plants are also distributed by NCC cadets in the villages.